



AQUAFITNESS 2017 - 2018



LUNEDI' - VENERDI'

	MATTINA			PAUSA PRANZO			POMERIGGIO			SERA				
	8.30	9.30	10.15	12.15	13.00	13.45	15.45	18.15	18.30	19.00	19.15	19.45	20.00	20.30
LUN	AQUA GYM	AQUA GYM		*HYDRO BIKE	AQUA PIN		AQUA SOFT	*AQUA FUNCTIONAL AQUAGYM		*HYDRO BIKE		AQUA GYM		*HYDRO BIKE
MAR	AQUA GYM	*HYDRO BIKE			*HYDRO BIKE	AQUA POWER		AQUAGYM *HYDROBIKE			*BIKE CIRCUIT		*HYDRO BIKE	
MER	*HYDRO BIKE	AQUA GYM		*HYDRO BIKE	AQUA GYM				*HYDRO BIKE		AQUA GYM		*BIKE CIRCUIT	
GIO	AQUA POWER	*HYDRO BIKE		AQUA GYM	*DOUBLE CIRCUIT		AQUA SOFT	AQUA FUNCTIONAL *HYDROBIKE		AQUA GYM		*HYDRO BIKE		
VEN	*HYDRO BIKE	AQUA GYM			*HYDRO BIKE	AQUA GYM		AQUAGYM *HYDROBIKE		*HYDRO BIKE		*DOUBLE CIRCUIT		

SABATO E DOMENICA

	9.15	10.00	10.45										
SAB	*BENESSERE MAMY	AQUA GYM	*HIDRO BIKE										
DOM	AQUAGYM	*HIDRO BIKE											

*Prenotazione Obbligatoria